

1) What does it mean to receive a blessing? What does it mean to bless others?

2) How is blessing a reversal of the current reality we live in?

3) In my OIKOS, every night before we go to bed, we bless each other, saying "God loves you very much." Share how you already are a blessing to one another in your OIKOS or a new practice you are gonna start regularly. Write it down here.

4) Based on the readings for the week:

- a) God places 3 blessings on Abram (Abraham); land, descendants, and blessing (being set apart). How do these blessings help Abram to trust God and leave the place he was familiar (verse 1)?
- b) What does it mean to bless the Lord (Psalm 16)?
- c) In the beatitudes (matthew 5), who is blessed? (Name them all).
- d) What does Jesus mean when he says 'God blesses you when people mock you and persecute you and lie about you?' AND why does he say; 'Be happy about it! Be very glad!'?

Readings for this week:

Genesis 12:1-9

Psalm 16

Matthew 5:1-12

5) Questions regarding the teaching or the readings? Please submit at least 1 question per person, attach their name to each question please. Remember, there are no stupid questions.

6) Practice blessing. For the next 7-10 days, record how you have blessed someone each day. What did you do? How was it a blessing to that person?